



Effects of vegetarian nutrition- A nutrition ecological perspective

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Abstract:

Although vegetarian nutrition is a complex issue, the multidimensionality and interrelatedness of its effects are rarely explored. This article aims to demonstrate the complexity of vegetarian nutrition by means of the nutrition ecological modeling technique NutriMod. The integrative qualitative cause-effect model, which is based on scientific literature, provides a comprehensive picture of vegetarian nutrition. The nutrition ecological perspective offers a basis for the assessment of the effects of worldwide developments concerning shifts in diets and the effects of vegetarian nutrition on global problems like climate change. Furthermore, new research areas on the complexity of vegetarian nutrition can be identified.

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Resource Description

Exposure :

weather or climate related pathway by which climate change affects health

Ecosystem Changes, Food/Water Security, Unspecified Exposure

Food/Water Security: Nutritional Quality

Geographic Feature:

resource focuses on specific type of geography

None or Unspecified

Geographic Location:

resource focuses on specific location

Global or Unspecified

Health Impact:

specification of health effect or disease related to climate change exposure

General Health Impact

Resource Type:

format or standard characteristic of resource

Climate Change and Human Health Literature Portal

Research Article, Review

Timescale: 

time period studied

Time Scale Unspecified